

The Corporation of the County of Northumberland Community Health Committee Agenda

Tuesday, April 2, 2024, 9:00 a.m.

Council Chambers

555 Courthouse Road, Cobourg, ON K9A 5J6

Hybrid Meeting (In-Person and Virtual)

Zoom Information

Join Zoom Meeting

https://us06web.zoom.us/j/83354286528?pwd=acsYjP6wYjKpHZdfgaNHJodBGAi8V3.1

Meeting ID: 833 5428 6528 Passcode: 813266

Phone: 1-855-703-8985 Canada Toll-free

Pages

1. Notices

1.a Accessible Format

If you require this information in an alternate format, please contact the Accessibility Coordinator at accessibility@northumberland.ca or 1-800-354-7050 ext. 2327.

1.b Meeting Format

This Committee meeting will be held using a hybrid meeting model. The public is invited to attend in-person in Council Chambers. Alternatively, the public may view the Committee meeting via live stream, join online, or join by phone using Zoom Conference technology. If you have any questions, please email matherm@northumberland.ca.

- Attend in-person in Council Chambers, located at 555 Courthouse Road, Cobourg
- Watch a livestream by visiting Northumberland.ca/Council
- Join online using Zoom
- Join by phone using Zoom

Call to Order

2.a Territorial Land Acknowledgement

J. ADDIOVALOLLIE AUCHUA	3.	Appro	val of the	Agenda
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Recommended Motion:

"That the agenda for the April 2, 2024 Community Health Committee be approved."

- 4. Disclosures of Interest
- 5. Delegations
- 6. Business Arising from Last Meeting
- 7. Communications

7.a Correspondence, City of Clarence-Rockland 'National Suicide and Crisis Hotline'

Recommended Motion:

"**That** the Community Health Committee receive the correspondence from the City of Clarence-Rockland regarding 'National Suicide and Crisis Hotline' for information; and

Further That the Committee recommend that County Council receive this correspondence for information."

5 - 6

7 - 7

7.b Correspondence, Municipality of Port Hope 'Port Hope Walk-in Clinic Proposal'

Recommended Motion:

"**That** the Community Health Committee receive the correspondence from the Municipality of Port Hope regarding 'Port Hope Walk-in Clinic Proposal' for information; and

Further That the Committee recommend that County Council receive this correspondence for information."

8. Staff Reports

8.a Report 2024-046 'Northumberland Community Paramedics - 2023 Year 8 - 16 End Report'

Kim Wilkinson, Community Paramedic Coordinator

Recommended Motion:

"That the Community Health Committee receive Report 2024-046 'Northumberland Community Paramedics - 2023 Year End Report' for information; and

Further That the Committee recommend that County Council receive this report for information."

8.b Report 2024-047 'Northumberland Paramedics - 2023 Year End Report' Keith Barrett, Deputy Chief of Operations

17 - 25

Gord Nevils, Deputy Chief of Quality Improvement & Professional Standards

Recommended Motion:

"That the Community Health Committee receive Report 2024-047 'Northumberland Paramedics - 2023 Year End Report' for information; and

Further That the Committee recommend that County Council receive this report for information.

8.c Report 2024-048 'Golden Plough Lodge - Quarter 1, 2024 Update' Alanna Clark, Administrator Golden Plough Lodge

26 - 31

Recommended Motion:

"That the Community Health Committee receive Report 2024-048 'Golden Plough Lodge - Quarter 1, 2024 Update' for information; and

Further That the Committee recommend that County Council receive the report for information."

9. Other Matters Considered by Committee

9.a Youth Wellness Hub Funding - Verbal

Chair Olena Hankivsky

Recommended Motion:

"That the Community Health Committee receive the verbal update regarding 'Youth Wellness Hub Funding' for information."

9.b	Haliburton, Kawartha, Pine Ridge (HKPR) District Health Unit - Board of Directors' Minutes Recommended Motion: "That the Community Health Committee receive the minutes from the February 15, 2024 HKPR District Health Unit Board of Health Meeting and March 21, 2024 Summary Report for information; and Further That the Committee recommend that County Council receive the minutes and summary report for information."	32 - 39	
9.c	Proclamation, 'First Responders Day' - May 1, 2024 Recommended Motion: "That the Community Health Committee recommend that County Council proclaim May 1, 2024 as 'First Responders Day' in Northumberland County, at the April 17, 2024 County Council meeting."	40 - 40	
9.d	Proclamation, 'National Nursing Week' - May 6 - 12, 2024 Recommended Motion: "That the Community Health Committee recommend that County Council proclaim the week of May 6 to 12, 2024 as 'National Nursing Week' in Northumberland County, at the April 17, 2024 County Council meeting."	41 - 41	
Media	a Questions		
Close N/A	ed Session		
Motion to Rise and Results from Closed Session N/A			
Next Meeting - Tuesday, April 30, 2024 at 9:00 a.m.			
Adjournment			

10.

11.

12.

13.

14.



CORPORATION OF THE CITY OF CLARENCE-ROCKLANDREGULAR MEETING

RESOLUTION

Council Regular meeting

Resolution: 2024-16

Title: Resolution proposed by Councillor Kyle Cyr and seconded by Mayor Mario Zanth

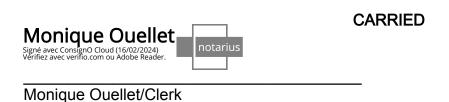
regarding the 9-8-8 National suicide and crisis hotline

Date: February 14, 2024

Moved by Kyle Cyr Seconded by Mario Zanth

WHEREAS Canada has adopted 9-8-8, as National three-digit suicide and crisis hotline; and WHEREAS the City of Clarence-Rockland recognizes that it is a significant and important initiative to ensure critical barriers are removed to those in a crisis and seeking help;

BE IT RESOLVED THAT the City of Clarence-Rockland continues to endorse the 9-8-8 Crisis Line initiative and will display the 9-8-8 information poster in all its municipal buildings; and BE IT FURTHER RESOLVED THAT a copy of this resolution be sent to Todd Doherty, MP for Cariboo-Prince George, as well as all Ontario municipalities.





CORPORATION DE LA CITÉ DE CLARENCE-ROCKLAND RÉUNION RÉGULIÈRE

RÉSOLUTION

Réunion régulière du conseil

Résolution: 2024-16

Titre: Résolution proposée par le conseiller Kyle Cyr et appuyée du maire

Mario Zanth au sujet du 9-8-8, soit la ligne d'assisance nationale sur le

suicide et les crises.

Date: le 14 février 2024

Proposée par Kyle Cyr Appuyée par Mario Zanth

ATTENDU QUE le Canada a adopté le 9-8-8, comme ligne d'assistance nationale à trois chiffres sur le suicide et les crises ; et

ATTENDU QUE la Cité de Clarence-Rockland reconnaît qu'il s'agit d'une initiative importante pour s'assurer que les obstacles critiques sont éliminés pour les personnes en situation de crise et qui demandent de l'aide ;

QU'IL SOIT RÉSOLU QUE la Cité de Clarence-Rockland continue d'appuyer l'initiative de la ligne d'écoute 9-8-8 et affichera l'affiche d'information 9-8-8 dans tous ses édifices municipaux; et QUIL SOIT AUSSI RÉSOLU QU'une copie de cette résolution soit envoyée à Todd Doherty, MP de Cariboo-Prince George, ainsi qu'à toutes les municipalités de l'Ontario.

	Α	DOPTÉE
Monique Ouellet/Greffière		

MUNICIPALITY OF PORT HOPE RESOLUTION

Date: 5 March 2024

MOVED BY: Courcellor Andrews

SECONDED BY: Deputy Hoya Holloway Wadhwani

WHEREAS the Council of the County of Northumberland, at its meeting on January 24, 2024, considered Report 2024-11, "Port Hope Walk-in Medical Clinic Proposal"; and

WHEREAS the Council of the County of Northumberland authorized County staff to investigate the feasibility to pilot a community partnership of up to one year to reopen the Port Hope Walk-in Medical Clinic and execute applicable agreements provided sufficient external financing has been secured with community partners to set-up and operate the clinic for the first year; and

WHEREAS there are currently 4000 unrostered patients in Northumberland County, with ongoing challenges of Physician recruitment;

NOW THEREFORE BE IT RESOLVED THAT the Council of the Municipality of Port Hope support and endorse the re-opening of the Port Hope Walk-in Medical Clinic; and

FURTHER THAT a copy of this resolution be circulated to all Northumberland County Municipalities.

Mayor Olena Hankivsky

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Report 2024-046

Report Title: Northumberland Community Paramedics - 2023 Year End Report

Committee Name: Community Health

Committee Meeting Date: April 2, 2024

Prepared by: Kim Wilkinson

Coordinator

Northumberland Paramedics

Reviewed by: Susan Brown

Chief

Northumberland Paramedics

Approved by: Jennifer Moore, CAO

Council Meeting Date: April 17, 2024

Strategic Plan Priorities: □ Innovate for Service Excellence

☐ Ignite Economic Opportunity
 ☒ Foster a Thriving Community
 ☐ Propel Sustainable Growth
 ☐ Champion a Vibrant Future

Information Report

"**That** the Community Health Committee receive Report 2024-046 'Northumberland Community Paramedics - 2023 Year End Report' for information; and

Further That the Committee recommend that County Council receive this report for information."

Purpose

The purpose of this report is to provide a year-end review of Northumberland Community Paramedic Program services for information purposes. All data and statistics presented include the time period of January 1 to December 31, 2023.

Background

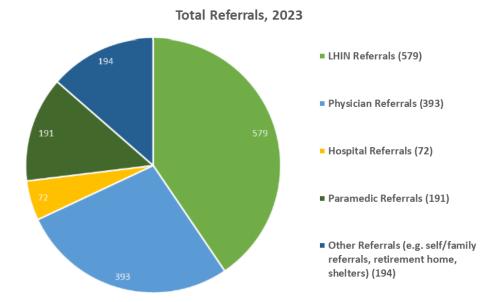
The Northumberland Community Paramedic (CP) Program has been providing non-emergency services to the members of our community since early in 2020. In 2022, it was announced that the Ministry of Long-Term Care would be funding a pilot program to expand CP services across the province. At this time Northumberland County was awarded a temporary funding opportunity of \$3 million per year until March 31, 2024. Since then, the Ministry has extended the funding with a current end date of March 31, 2026. The primary goal of the program is to provide the right care to the right person in the right location while allowing individuals to remain at home longer, safely.

The County also receives a small amount of funding through Ontario Health; approximately \$345,000 annually. Within each funding stream there are specific requirements for services provided and to which populations. This chart summarizes the current funding structure.

	CP LTC	Ontario Health/HCCSS	OHT-N
Funding	3 M / year until March 31, 2026	259,000 + 50 RPM HISH - \$18,000	2024 – 0 2023 – 50 RPM 2021/22 - \$64,411
Goals	 LTC waitlist Assessed for admission to LTC Eligible for admission to LTC 	HISHReferred by HCCSSDecrease 911	 Homelessness Addictions Frail/co-morbid Mental Health

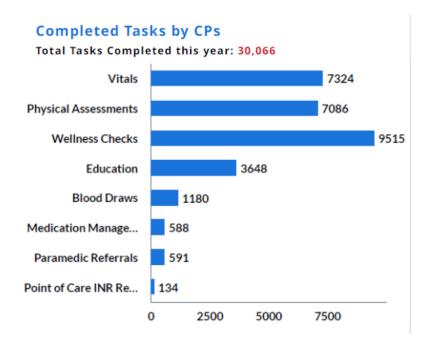
Since the inception of the CP program, we have provided services for almost 5000 community members across Northumberland County. In 2023 we enrolled 1099 new clients and at the end of the year had 1063 active clients throughout the county (see map attached). We provide Community Paramedic services to the municipalities of Alnwick/Haldimand, Brighton, Cobourg, Cramahe, Hamilton, Port Hope and Trent Hills.

Referrals are received from various community partners including Home and Community Care Support Services (HCCSS, formally known as the LHIN), family health teams, hospitals, other community partners and self / family. Last year our largest referral source was HCCSS followed by our family health teams.



Currently, we have twelve (12) full time CP positions with four (4) stationed in Cobourg and two (2) in Campbellford who all work on a 12 hour continental shift rotation. Our full time CPs are all certified paramedics with a minimum of 108 additional hours of specialized training in geriatrics and community paramedicine to start with continued specialized education provided annually. Part time CPs participate in an introductory 12-hour geriatric and community paramedicine course as well as annual continuing medical education for CP.

CP services include both home and telephone wellness assessments, medication administration, point of care testing such as urinalysis, and blood tests, phlebotomy for homebound individuals, ECGs, vaccinations, remote patient monitoring, IV antibiotic administration, health education, and system navigation assistance. In 2023, we completed over 30,000 different tasks for our clients including almost 10,000 wellness assessments (see attached 2023 YTD infograph). We work with our community partners to identify gaps in healthcare within the community in an effort to avoid redundancy of services provided.



The Community Paramedic program also holds monthly wellness clinics at 7 county housing units and weekly clinics at Transition House and the warming hub (seasonal). Last year we held a total of 85 clinics over 138 hours with 231 in attendance. During these clinics we have been able to help prevent emergency department visits by connecting individuals with the resources they required. For example, finding emergency dental care for one individual with an infected tooth, and arranging for a hernia surgical consult for a second individual which led to a cardiology consult for one individual who has since had a successful surgical hernia repair. Both situations could have resulted in emergency department (ED) visits and potential hospitalization if not treated early.

Another integral part of our program is our remote patient monitoring (RPM) which allows Community Paramedics to monitor heart rate, blood pressure, oxygen saturation and weight of some of our clients remotely. In 2023 we had a total of 149 active RPM clients and performed 270 RPM assessments. During the year we actioned 2715 RPM alerts through telephone wellness checks and or home visits collaborating with primary care providers to adjust medications as required. The ability to enroll clients in the RPM program can help to facilitate earlier hospital discharge while providing peace of mind to the client, caregiver and primary care providers knowing they will be monitored daily for any changes in vital signs. Daily monitoring of an individual's vital signs allows for early intervention when / if changes are noted with a reduction in ED visits and potential hospitalization. We currently have 96 active RPM clients in our program.

Collaborating with our community partners including HCCSS, local hospitals and family health teams as well as the Ontario Health Team – Northumberland allows us to continue providing services to members of our community to assist them to stay home longer, safely. We are able to help, not just our clients, but also their caregivers and primary care practitioners. As the county's population ages the need for mobile healthcare support will continue to grow.

Through our quarterly surveys we received valuable feedback to help us improve our services. See the attached 2023 Q3 Survey results.

Testimonials:

"We would've collapsed a lot sooner without your help" (caregiver)

"My father recently passed away. The CP program allowed him to remain in his own home with an increased confidence and independence. Help was a "phone call away" with a follow-up visit to check in. My father said "CP program was the best idea the government had!" Funding should be increased for this essential service. With sincere thanks!" (caregiver/client)

"I referred a **high-risk** patient with **multiple health issues** including issues with multiple medical comorbidities, problems with mobility, and social isolation to the Northumberland Community Paramedicine Program during the COVID pandemic. The patient is **thrilled with the level of support** and **monitoring** that has been provided by the program and **feels safer** as a result. The program has **enhanced my ability to provide care** to this patent including monitoring labs, vital signs, and checking in on how they are feeling." (primary care practitioner)

Consultations

Prehos documentation data

Future Health Remote Patient Monitoring data

Eastern Ontario Association Paramedic Chiefs / Community Paramedic Programs

Northumberland Community Paramedic Quarterly Surveys

Legislative Authority / Risk Considerations

N/A

Discussion / Options

N/A

Financial Impact

N/A

Member Municipality Impacts

Data presented is a year-end report inclusive of Northumberland County.

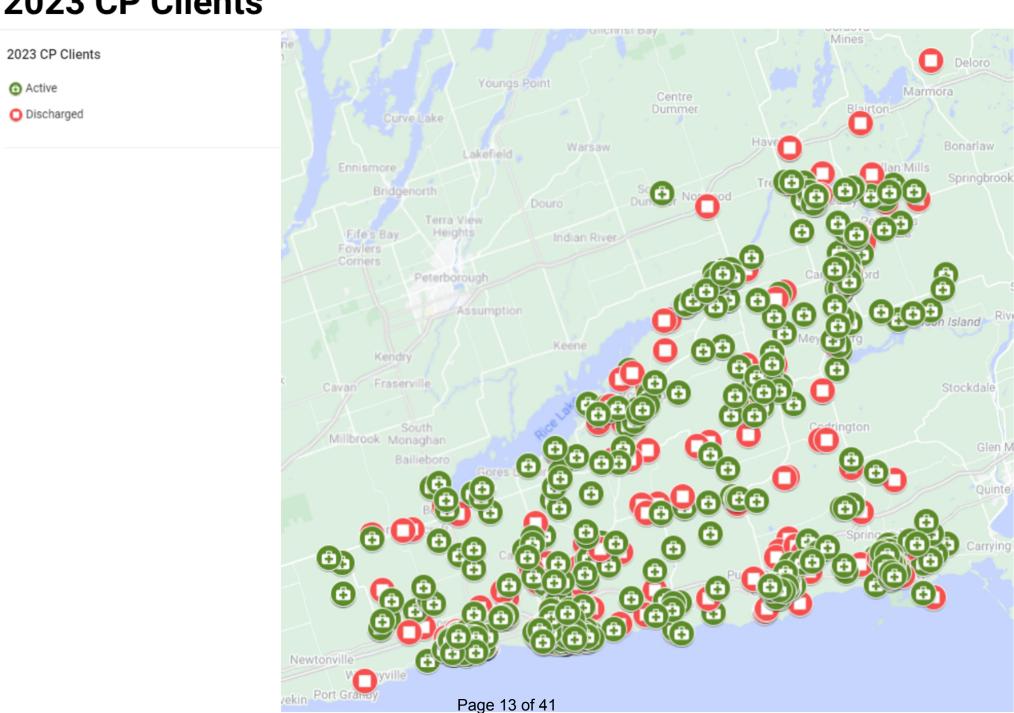
Conclusion / Outcomes

Staff request that the Community Health Committee receive Report 2024-046, Northumberland Community Paramedics '2023 Year End Report' for information.

Attachments

- 1) Report 2024-046 ATTACH 1 'CP Client Map 2023'
- 2) Report 2024-046 ATTACH 2 'Northumberland Community Paramedic 2023 Info graph'
- 3) Report 2024-046 ATTACH 3 '2023 Quarter 3 (Oct Dec) Survey Results'

2023 CP Clients



Northumberland County Paramedics **Community Paramedicine Program** 2023 Report



7324

8000

GOOD

WORK

9515

1544 Active CP Clients in 2023

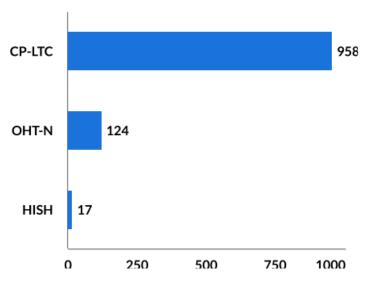
New Enrollments

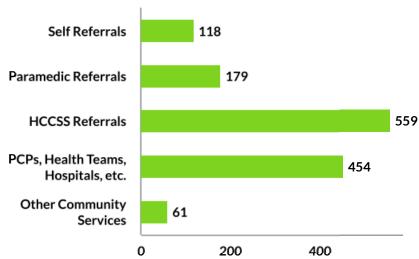


New Clients enrolled in the CP Program in 2023

Total Referrals Submitted in 2023: 1371

Note: Total includes duplicate referrals from different sources and clients that did not meet eligibility for program and/or declined CP services.

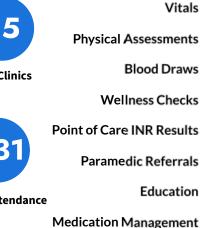


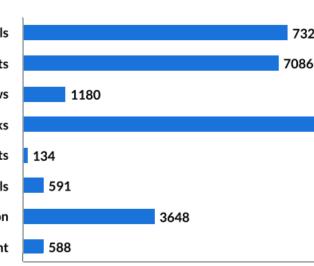


Wellness Clinics









Completed Tasks by CPs

Total Tasks Completed in 2023: 30,066

Travel

184,998

Total Kilometers travelled by CP vehicles in 2023.

CP Remote Patient Monitoring



94 Total Active lisers



150 RPM Alerts



3 New **Enrollments**



305 Compliance Tasks



4 Discharged



Assessments

Quarterly Survey Feedback

2000

Q1 Feedback: "I'm thrilled to see [the community paramedics]. No more hospital visits are required now. Thank you!"

4000

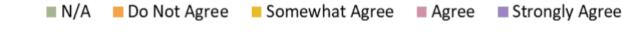
6000

Q2 Feedback: "I applaud this wonderful program for helping me keep my husband at home and cared for."

Q3 Feedback: "The CP program allowed [my father] to remain in his own home with an 14 сркрм Page inacretaged confidence and independence."

Oct - Dec 2023 Survey Results







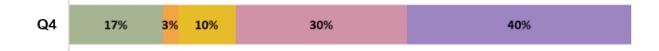
Q1. I found that the Community Paramedicine (CP) Program met my needs at the time of enrollment.



Q2. Since being enrolled in the Remote Monitoring Program I have a greater sense of wellbeing and security (i.e., I feel comfortable, happy, and healthy).



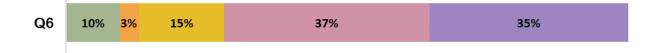
Q3. The home visits from the Community Paramedics answered my concerns and took the time to answer my questions (i.e., the Community Paramedic provided me with helpful information and advice on how to maintain or improve my health and well-being or the health and well-being of the person I care for).



Q4. I feel that the CP program has helped me to access community- based care providers and services that I may not have been able to do prior to being seen by a Community Paramedic.



Q5. The CP program has helped to prevent avoidable emergency room and/or hospital visits.



Q6. I feel my overall Health has stabilized or improved with the assistance of the CP program.



Q7. I feel that being in the CP program has helped decrease my use of 911.

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Report 2024-047

Report Title: Northumberland Paramedics - 2023 Year End Report

Committee Name: Community Health

Committee Meeting Date: April 2, 2024

Prepared by: Keith Barrett

Deputy Chief of Operations Northumberland Paramedics

Gord Nevils

Deputy Chief, Quality Improvement & Professional Standards,

Northumberland Paramedics

Reviewed by: Susan Brown

Chief

Northumberland Paramedics

Jennifer Moore

CAO

Approved by: Jennifer Moore, CAO

Council Meeting Date: Select Council Meeting Date

Strategic Plan Priorities: □ Innovate for Service Excellence

☐ Ignite Economic Opportunity☒ Foster a Thriving Community☐ Propel Sustainable Growth

 \square Champion a Vibrant Future

Information Report

"**That** the Community Health Committee receive Report 2024-047 'Northumberland Paramedics – 2023 Year End Report' for information; and

Further That the Committee recommend that County Council receive this report for information.

Purpose

The purpose of this report is to provide a year-end review of Northumberland Paramedic Services inclusive of the Operations and Quality Assurance and Training departments for information purposes. All data and statistics presented include the time period of January 1 to December 31, 2023.

Background

Northumberland County with a land area of 1,905 sq Km. provides emergency responses from six (6) ambulance stations that are strategically located throughout the County in the following locations:

- Cobourg (1) 24- hour and (1) 12- hour ambulance,
- > Port Hope (1) 24 -hour, (1) 12- hour ambulance,
- > Colborne (1) 24- hour ambulance,
- Roseneath, (1) 24- hour Ambulance, (1) 12- hour first response unit,
- > Campbellford, (1) 24- hour ambulance,
- ➤ Brighton (1) 24 -hour ambulance.

The total responses for service requests for the 2023 year was 25,262. Included in this figure are requests for emergency and life-threatening calls (Code 3 and Code 4), interfacility transfers and assessments (Code 1,2,3, and 4), standby for emergency coverage and incidents. Please refer to Appendix A showing our top 5 type of calls for 2023, as well as the number of each CTAS call responded to. CTAS is the Canadian Triage Acuity Scale which measures the acuity of the patient. The concept of the CTAS system is prioritizing response, assessment, and treatment to the sickest person the fastest.

Northumberland Paramedics drove a total of 841,838 Km in 2023. To help put this into perspective, the Earths circumference is 40,075 kilometers. Northumberland Paramedics would have driven around the earth 21 times. This distance required approximately 230,533 litres of fuel in 2023.

Northumberland Paramedics deploys one (1) first response Emergency response Vehicle (ERV) throughout Northumberland County each day. The first response vehicle is available to respond to calls in each of the lower tier municipalities within Northumberland County, however the focus is in the central rural area of the County where we experience increased response times. In 2023 the first response vehicle responded to a total of 439 calls and arrived prior to the dispatched transporting ambulance 225 times. The deployment of the ERV saved a total of 1,964 minutes and 56 secs in response times and began an earlier assessment and treatment by the responding Paramedic. Please see appendix A for the types of high acuity calls as well as the number of calls the first response vehicle has responded to in each lower tier municipality.

With Northumberland Paramedics call volume rising both from within Northumberland County and to our neighboring Counties and services, we are also seeing an increase in off-load delays at the hospitals to which we most frequently transport our patients. The four (4) main hospitals we transport to are: Northumberland Hills (NHH), Campbellford Memorial Hospital (CMH), Peterborough Health Center (PRHC), and Trenton Memorial Hospital (TMH). The common prehospital measure of an off-load delay begins to count after 30 minutes on arrival at the hospital. This 30- minute delay has been accepted as a 'normal time to arrive at the hospital, register the

patient with triage nurse, be provided direction to the stretcher/ room, transfer the patient over and give a report to the nurse/doctor, clean their stretcher and equipment, return to state of readiness, and begin the required documentation for the patient. Currently Paramedics are experiencing off-load times beyond the "accepted" 30 minutes. In 2023 our total amount of off-load time was a total of 2,333 hours for the hospitals we routinely transport to. See attached appendix A to view the amount of off-load time for each hospital. Northumberland Paramedics applied for Off-load nurse funding from the Ministry of Health and Long -Term care and utilized the "Fit to Sit" programs to help with off-load delays at Northumberland Hills and Campbellford Memorial Hospitals in 2023 and have again in 2024.

Quality Assurance and Education 2023-year end

Education

In the spring of 2023, we actively recruited and onboarded sixteen (16) new Paramedics. These new Paramedics attended an orientation that included topics such as: driver training, legislative requirements, policies & procedures, County culture and values, equipment training for the provision of patient care, mental wellness and resilience.

Each year Paramedics must attend training for the maintenance of skills and knowledge for delegated medical acts (medications and procedures) as well as training on new directives and medications. This training is provided by the Central East Prehospital Care Program (CEPCP) which is a part of Lakeridge Health. In 2023 each Paramedic received 24 hours of training on these topics. CEPCP also provides training to Paramedics that are returning from extended leaves to ensure that they are comfortable and able to provide patient's care with any of the delegated medical acts.

In addition to the CEPCP training Northumberland Paramedics provide 16 hours of training to each paramedic to ensure that the paramedics are meeting the legislative standards. This includes the Basic Life Support Patient Care Standards (BLS-PCS), Ontario Ambulance Documentation Standards, and others. In 2023 this included knowledge of changes to standards, CPR recertification and skills maintenance on use of equipment that is not used frequently. In the fall of 2023, the Ministry of Health introduced a new tool for Paramedics to use while responding to calls. Training was completed on the Mobile Computer Aided Dispatch (MCAD) which allows Paramedics to visually see the details of the calls they are responding to in real time, provide them the most efficient route based on traffic and time of day to enhance Paramedic safety, improve communication with the dispatch center, and decrease response times.

Working with our partners at Northumberland Hills Hospital paramedics attended training on caring for a patient in a mental health crisis and de-escalation techniques that can be applied to many situations that the Paramedics would encounter as part of the 16 hours of training each Paramedic received.

We provided the opportunity for three (3) classes to visit our Cobourg station and three (3) school visits where the students were able to tour the ambulance, view the equipment and discuss the situations and incidents that may require them to call 911 for an ambulance. We also had opportunities over the summer to visit public libraries and meet with the children to let them know what to expect if they were to be in an ambulance and when to call 911.

Quality Assurance

In 2023 we manually audited over 6,000 call reports completed by paramedics in addition to the software audits done in real time when the Paramedics are completing their reports.

Paramedic Supervisors also completed over 150 evaluations on calls they attended with paramedics. These evaluations provide feedback on paramedic performance during the real applications of their skills and compliance with BLS-PCS standards.

Call Data 2023

In 2023 Northumberland Paramedics attended 133 Cardiac Arrest where they were able to provide care. Of the 133 cardiac arrests, 23 of these patients resulted in the return of spontaneous circulation (ROSC- resulting in a return of the heartbeat) restored by the Paramedics with a defibrillator during their response. This resulted in a 17% save rate, whereas the Canadian statistics reports an industry save rate of 10%.

In Sept. of 2023 we held our annual survivor night to celebrate those patients where the Paramedics were able to restore heartbeats. We were honored to have 4 of the survivors of cardiac arrest join that evening as we recognized the Paramedics, Ambulance Communications Officers and Firefighters that were a part of the survival stories.

For certain types of heart attacks (STEMI's), Paramedics can by-pass the local hospital emergency department and take these patients directly to the Catheter lab for angioplasty treatment at Peterborough Regional Health Centre (PRHC). In 2023 Paramedics identified and utilized the bypass criteria thirty-five (35) times.

Patients suffering from an acute stroke (within 6 hours of onset) were transported by paramedics to regional stroke centers for definitive treatment. In 2023, 72 patients were transported to a regional stroke center under the stroke protocol bypass agreement.

These specialized bypass protocols have made significant improvements of the patient's quality of life within Northumberland County.

Consultations

ESO (Interdev) Analytics

Ambulance Dispatch Reporting Systems

Legislative Authority / Risk Considerations

N/A

Discussion / Options

N/A

Financial Impact

N/A

Member Municipality Impacts

Data presented is a year-end report inclusive of Northumberland County

Conclusion / Outcomes

Staff request that the Community Health Committee receive Report 2024-047 'Northumberland Paramedics – 2023 Year-End Report' for information.

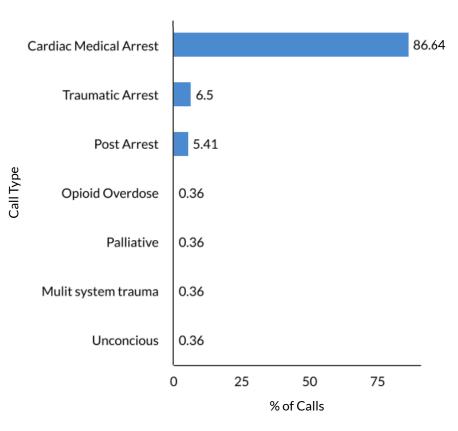
Attachments

1) 2023 Emergency Services Year End Review



Cardiac Arrest

Total number of cardiac arrest calls for 2023: 277



of the 133 treatable cardiac arrest calls, 23 (17%) resulted in return of spontaneous circulation (ROSC)

Bypass

Bypass protocol allows an ambulance to bypass a local hospital for definitive care.



Total number of stroke calls for 2023: 208

Number of patients taken directly to regional stroke centre: 72



Number of patients taken directly to cardiac care centre for emergency angioplasty: 35

Training

116 Paramedics

24 hours each with Base Hospital - Central East Prehospital Care Program (CEPCP)

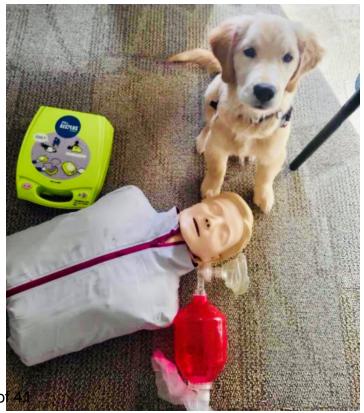
Training Highlights

- Certification by physician
- Review/train medical directives

16 hours each with Northumberland Paramedics education staff

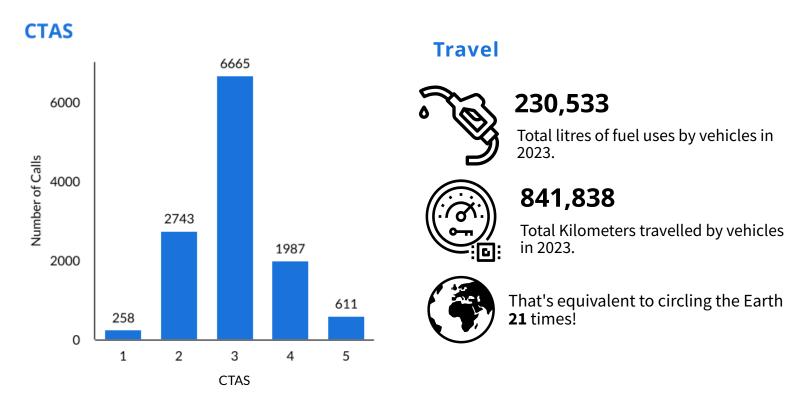
Training Highlights

- Legislative training on updated standards
- Basic life support
- Transport & equipment standards
- CPR training
- Crisis intervention
- De-escalation training
- Mobile computer-aided dispatch (MCAD)
- Skills maintenance
- Medical standards updates

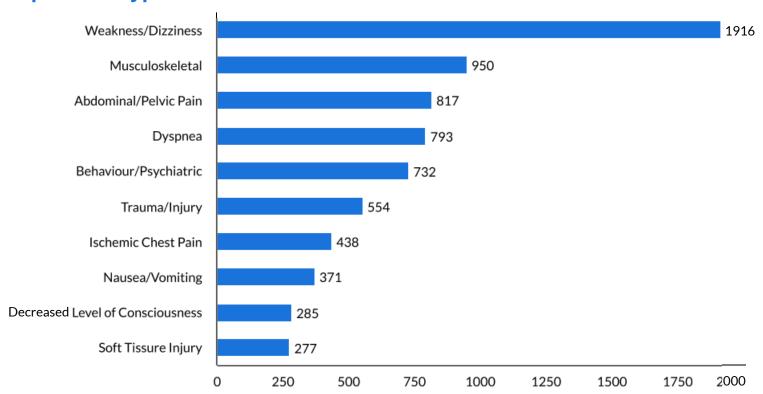




Total Call Volume for 2023: 25,262



Top 10 Call Types



First Response

Responded to **439** calls First on scene to **225** calls

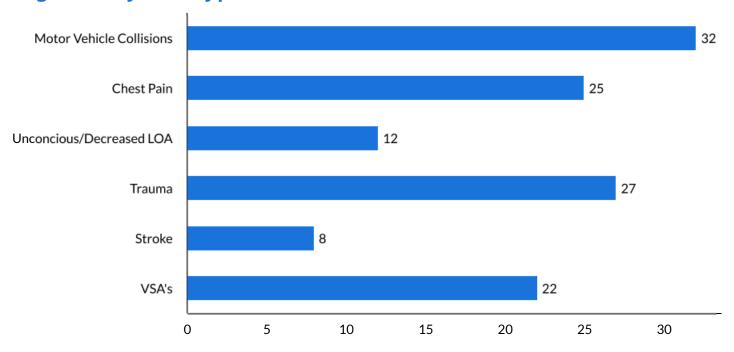
1964 minutes, 56 seconds

NORTHUMBERLAND

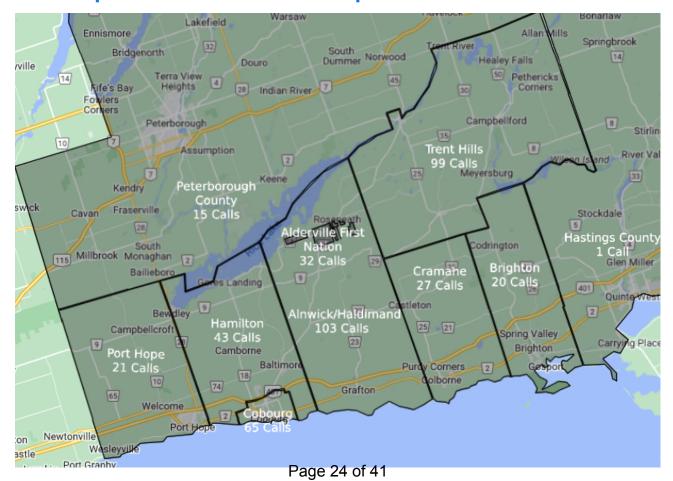
PARAMEDICS

First response total time on scene prior to transporting ambulance

High Acuity Call Types

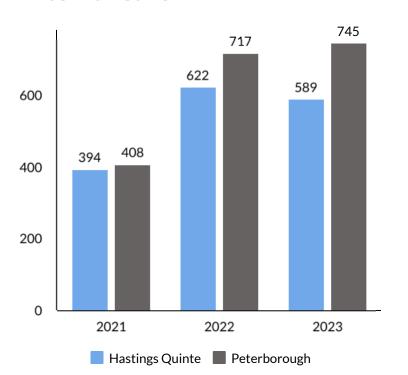


First Response Calls Per Township

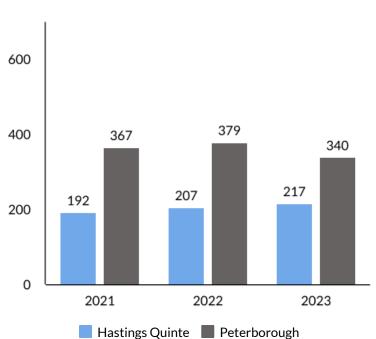




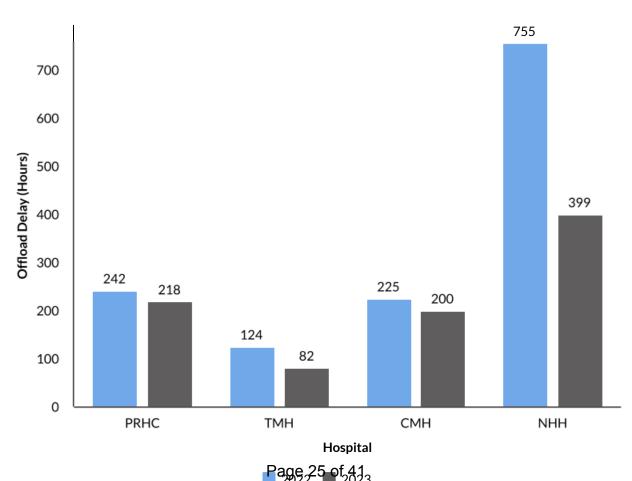
Northumberland Responses to External Calls



External Responses to Northumberland Calls



Hospital Offload Delays



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Report 2024-048

Report Title: Golden Plough Lodge - Quarter 1, 2024 Update

Committee Name: Community Health

Committee Meeting Date: April 2, 2024

Prepared by: Alanna Clark

Administrator

Golden Plough Lodge

Reviewed by: Glenn Dees

Director, Health and Human Services

Golden Plough Lodge

Approved by: Jennifer Moore, CAO

Council Meeting Date: April 17, 2024

Strategic Plan Priorities: ⊠ Innovate for Service Excellence

☐ Ignite Economic Opportunity
 ☒ Foster a Thriving Community
 ☐ Propel Sustainable Growth
 ☒ Champion a Vibrant Future

Information Report

"**That** the Community Health Committee, having considered Report 2024-048 'Golden Plough Lodge, Quarter 1, 2024 Update', for information; and

Further That the Committee recommend that County Council receive the report for information."

Purpose

This report for information will provide an overview of the Golden Plough Lodge (GPL) accomplishments and an operational update for Quarter 1 of 2024.

Background

The GPL is Northumberland County's municipally owned and operated long-term care home. First established in the 1850's as a County House of Refuge, the GPL has a long-established history of caring for others.

Today, the GPL serves others whose needs cannot be met in the community and require both personal care and nursing expertise. The GPL is first and foremost home to 151 residents, cared for and supported by 243 dedicated staff members providing Nursing Care, Dietary Services, Life Enrichment Programming, Environmental Services and Administration Support.

As an operating division of the Corporation of the County of Northumberland, the following core values are embedded in all facets of the Golden Plough Lodge operations:

- Accountability
- Care & Support
- Collaboration/Communication
- Honesty & Integrity
- Innovation & Excellence
- Mutual Trust and Respect

Consultations

The GPL Senior Management Team.

Legislative Authority / Risk Considerations

The GPL is accountable under the Ministry of Long-term Care (MLTC) and legislation under the Fixing Long-Term Care Act, 2021, (FLTCA).

Discussion / Options

The GPL staff and leadership have had a busy and productive first quarter. The following are highlights of accomplishments from all departments within the GPL – Nursing, Administration, Dietary, Life Enrichment and Environmental Services.

Administration

Staff Huddles

Staff huddles were implemented as a pilot in Q4 of 2023 and continued into Quarter 1 of 2024. The huddles are conducted bi-weekly by the Senior Leadership Team (SLT). Each SLT member visits a home or department area and shares pre-determined, relevant information with staff. For example, a topic in one week's huddle was highlighting the ministry proactive inspections and what to expect from the inspection. Another topic was a reminder to staff on Residents Right to Privacy under the FLTCA. The intent is to enhance communications with quick (approx. 15 minute) whole-home type updates being provided by a member of management in each of the home areas and departments. These huddles have received positive feedback from front-line staff who are reporting feeling more connected to the workplace since implementation.

Ministry Proactive Inspection

The GPL receives inspectors from the MLTC Inspections Branch for various reasons in any given year. Inspection visits now include proactive inspections meant to take place annually at all long-term care homes in Ontario. On February 12, 2024 to February 16, 2024 GPL received a proactive inspection visit from two inspectors.

The following inspection protocols were used during this inspection:

- Resident Care and Support Services
- Skin and Wound Prevention Management
- Residents' and Family Council
- Medication Management
- Food Nutrition and Hydration
- Safe and Secure Home
- Infection Prevention and Control
- Quality Improvement
- Pain Management
- Falls Prevention and Management

During the course of this inspection, the inspectors made relevant observations, reviewed records and conducted interviews, as applicable with staff and residents. There were no findings of non-compliance. The inspection was to take 7 days; however, the inspectors commented that due to the GPL's advanced preparation for the proactive inspection, their inspection time was cut down to 5 days. The inspectors shared positive observations of the GPL overall in respect to care provided to residents and staff.

Engagement Committee

The Engagement Committee met in February 2024 for the first time this year. This meeting was to reestablish the committee and its purpose. The committee worked to develop a new Terms of Reference and action items to increase the visibility of the committee at the GPL. The group developed the following purpose for its structure and will continue to meet bi-monthly to develop an action plan and goals for the group.

The Committee supports the Home's vision, mission, values and employee quality of work life through the following responsibilities:

- To help promote respect, passion, teamwork, collaboration, good communication, responsibility, and growth in the workplace and between and among all staff and departments at the GPL.
- Incorporate our Vision, Mission and Values to understand, assess, and implement strategies to enrich the time spent at work and allow for work activities to become more rewarding.
- Encourage collaboration by ensuring everyone is provided with an opportunity to provide input into recommendations, proposed changes, assist with implementation plans, and provide feedback after the change has occurred.
- Review suggestions from employees as it related to working conditions and services.
- Improve the workplace environment by providing a forum to discuss issues/needs and make recommendations for addressing concerns.
- Promote and guide the development and analysis of an annual employee engagement survey.
- Provide advice and guidance to the Administrator and the Leadership Team to support employee engagement and improve internal relations.

Peer Support

The GPL developed a new peer support group in Quarter 1. Eight interested staff attended 4 days of training. The team soft launched around November 3, 2023, and then hard launched on January 25, 2024. Since the start of the Peer Support Program, the group has assisted staff,

residents, and families 51 times. Peer support is about people helping people. Trained Peers are highly valued by colleagues in that they understand the work culture, are easily accessible, and can provide confidential support in a variety of circumstances. Peers are often the first to notice subtle changes in a colleague's behaviour and can respectfully inquire about the colleague's wellbeing. At the GPL, formal peer support does not replace the need for professional mental health services such as Employee and Family Assistance Plan and does not deal with performance issues. However, peers are available to listen, encourage and guide coworkers to the appropriate people and resources for help. Although peers are not counsellors or experts in mental health issues, they are trained to provide emotional first aid, and support.

Parking and Security

To enhance the safety and security of the facility, the GPL transitioned to a single point-of-entry for visitors and members of the public. As of March 4, 2024, all visitors will be directed to enter the building through the west entrance only which is by the administration office. The east entrance will be permanently closed to the public and will only be accessible by key card access. Transitioning to a single-entry point will help streamline and improve the visitor experience, ensuring all visitors follow our sign-in processes, and will help to enhance the security of our home. The west entrance will be open to the public 7 days per week between 7:30 a.m. to 9:30 p.m. Visitors will be greeted at the entrance by security to help them sign in and direct them where to go.

GPL staff may still use both entrances; however, these entrances will require key card access upon entry and exit. Along with the changes to parking, the GPL increased and reallocated accessible and general parking spots to accommodate for visitors coming to the west entrance.

In response to 2 staff vehicle break-ins, lighting has been enhanced around the exterior perimeter of the building, additional cameras have been installed along with signage to reflect premises are monitored.

Nursing

Quality Improvement Plan (QIP) 2024/25

As is a requirement under the FLTCA, all Long-Term Care Homes must have a Quality Improvement Program. This includes developing an annual Quality Improvement Plan, referred to as a QIP.

The QIP focuses on areas of improvement in all departments across the home. The QIP is submitted to Health Quality Ontario annually, and includes a progress report, analyzing the previous year's successes or identified areas for further improvement.

Health Quality Ontario provides priority quality indicators of focus for all areas across the health sector, including Long-Term Care Homes, Hospitals, and Community Care providers. The priority indicators are included in Golden Plough Lodge's 2024/25 QIP and focus on areas such as access and flow, equity, experience, and safety.

The 2024/25 Golden Plough Lodge QIP is posted on the Northumberland County website, as well as on the Health Quality Ontario website.

Staffing

With the support of Northumberland County Council, by approving our Nursing staffing budget, and with additional funding provided by the MLTC, the GPL will be increasing direct line staffing by creating several new Nursing positions.

These new positions will be initiated in April 2024, and include 2 Full time Registered Practical Nurses, and their Part time backfill, as well as 3 full-time Personal Support Workers and their part-time backfill.

These positions will ensure we are meeting the mandatory hours of care requirements set by the Ministry for 2024.

Infection Prevention and Control

There have been no outbreaks in Quarter 1 as the GPL continues to remain vigilant around infection prevention and control in the home.

The MLTC have ended the enhanced masking measures. On March 4, 2024, the MLTC cited that recent trends have shown continued decreases in community level transmission of COVID-19, flu and RSV, as well as decreases in outbreaks in Long-term Care Homes, with lower risk of severe illness and hospitalization amongst residents, and increased vaccination rates. While outbreaks can still be expected, the Ministry anticipates entering a lower risk period of respiratory illness than has been experienced over the past three months. This decision was based on the recent trends and projections, and the advice of Office of the Chief Medical Officer of Health.

It is important to remember that staff and visitors are the primary source of infection for residents in the LTC environment. Aside from frequent and thorough hand washing universal masking is the single most effective means to prevent the spread of infections. Although, masks are no longer required, the GPL still encourages all staff and visitors to continue to do so if they wish to, in order to reduce transmission risk among the GPL's vulnerable population.

Dietary

The dietary departments continues to strive towards excellence in their department. Listening to the needs of the residents, the dietary team held a coffee tasting event for residents so that they could choose a new brand of coffee. Aligning well with the FLTCA, residents should have the choice in what they eat and drink in the home.

Life Enrichment

Resident Council met three times in Quarter 1. Resident Council is currently made up of 15-20 residents and attendance has been increasing over the months due to a very engaged resident president, who travels through the home connecting and encouraging people to attend. Agenda topics vary, at the last meeting the group discussed staff allocation hours, GPL's QIP and any concerns in every department. The agenda also highlights a different resident right at every meeting.

The GPL also had its second Food Committee Meeting which allows a space and time for residents to meet with the Dietary Manager and Supervisor to discuss menu concerns and request any changes. This is where the request for new coffee came up.

There have been many events for residents to enjoy in quarter 1. There was a Wine and Cheese Socials with homemade charcuterie boards that was enjoyed by the group. The Armchair Travel program explores a different country every month and continues to be a huge hit among the residents. Meditation has been requested by many residents to be changed to a weekly program so Quarter 1 saw weekly meditation.

The Life Enrichment department continues to have special events like Carnivals and Holiday Socials as well as a Pancake Breakfast and incorporating Black History into its February events. Physical programs like charades, laughter yoga and noodle balloon, have increased in regularity this past quarter.

Environmental Services

The GPL welcomed a new Environmental Services Manager in February, 2024, Jean Harrison. Jean brings with her a wealth of experience and knowledge in long-term care and the many regulations the home must follow.

The program evaluations for Environmental Services have been reviewed for 2023 with goals set for 2024 inclusive of Housekeeping, Laundry, and Maintenance departments.

Departmental education opportunities have commenced with active participation from all departments.

Preventative Maintenance schedules for building systems are being reviewed with life span considerations given to end of life equipment and costs associated with the GPL migration into the new build.

Financial Impact

This report for information highlights some work to date at the GPL and all financial impacts (related to new positions) was previously approved by County Council. There is no additional financial impact with this report.

Member Municipality Impacts

There is no direct impact to member municipalities.

Conclusion / Outcomes

That this report is received for information by Council.

Attachments

N/A

HALIBURTON, KAWARTHA, PINE RIDGE DISTRICT HEALTH UNIT BOARD OF HEALTH MEETING

February 15, 2024

MINUTES

The meeting was convened by Mr. Marshall at 9:30 am at the Health Unit's Port Hope office.

Those in attendance were Messrs. Marshall, Logel, Ryall, Crate, Mrs. Richardson, Dr. Hankivsky, Dr. Bocking, Mr. Vrooman, Ms. Beaulac, and Mrs. Dickson (Recorder).

Mr. Perry was absent with regrets.

1. LAND ACKNOWLEDGEMENT

The Haliburton, Kawartha, Pine Ridge District Health Unit is situated on the traditional territories of the Michi Saagiig and Chippewa Nations. This includes the territories of Treaty 20 and Williams Treaties. We respectfully acknowledge that these Nations are the stewards and caretakers of these lands and waters for all time and that they continue to maintain this responsibility to ensure their health and integrity for generations to come.

The Haliburton, Kawartha, Pine Ridge District Health Unit recognizes the many harms done to Indigenous peoples and our collective responsibility to right those wrongs. As an organization that is rooted in a colonial system, we are committed to change, to building meaningful relationships with Indigenous communities and in improving our understanding of local Indigenous peoples as we celebrate their cultures and traditions, serve their communities, and responsibly honour all our relations.

2. ADOPTION OF AGENDA

Moved by Mr. Crate

Seconded by Mr. Logel

THAT the agenda be adopted as presented.

2024-022 carried

3. DECLARATION OF CONFLICT OF INTEREST

None

4. ADOPTION OF MINUTES

Moved by Dr. Hankivsky

Haliburton, Kawartha, Pine Ridge District Health Unit Board of Health Meeting, February 15, 2024

Seconded by Mr. Ryall

THAT the minutes from the January 18th, and February 5th, 2024 sessions be approved.

2024-023 carried

5. BUSINESS ARISING

5.1 Update on enforcement of the *Immunization of School Pupils Act* (ISPA)

At the last Board of Health meeting Dr. Bocking communicated that, as of January 5th, 1,357 students in Grades 3 and 9-12 still had outstanding records and would be suspended as of February 5th if they did not meet the requirements under the *Immunization of School Pupils Act*. After a tremendous amount of work by the Health Unit, school boards, principals, and parents/guardians, there remain 36 students with outstanding records.

The second round of enforcement includes students in all elementary grades except Grade 3. Approximately 3,600 initial notices will be sent out notifying parents/guardians that their child's immunization records are not up to date.

Moved by Dr. Hankivsky

Seconded by Mr. Ryall

THAT the Board receive the update on enforcement of the ISPA for information.

2024-024 carried

At 9:38 am, the Board of Health moved into the first of two in-camera sessions.

Moved by Dr. Hankivsky

Seconded by Mr. Crate

THAT the Board of Health move in-camera to discuss a legal matter.

2024-028 carried

Moved by Dr. Hankivsky

Seconded by Mr. Ryall

THAT the in-camera session be dissolved, and the membership return to the Board of Health open session.

2024-029 carried Moved by Mr. Logel

Seconded by Mr. Crate

THAT the Board of Health receive the legal information provided in-camera.

2024-022 carried

6. MEDICAL OFFICER OF HEALTH UPDATES

Deferred due to time restraints.

7. REPORTS

There were no reports for this meeting due to time restraints.

8. NEW BUSINESS

8.1 Dr. Kieran Moore, Chief Medical Officer of Health, Liz Walker, Executive Lead, Office of the Medical Officer of Health, and Brent Feeney, Director, Accountability and Liaison Branch, joined the meeting virtually to answer questions from the Board of Health regarding voluntary mergers.

Moved by Dr. Hankivsky

Seconded by Mrs. Richardson

THAT the Board receive the session with Dr. Moore, Ms. Walker, and Mr. Feeney for information.

2024-025

carried

8.2 Unaudited Operating Statements

Moved by Mr. Ryall

Seconded by Mr. Crate

THAT the unaudited operating statements for the month ending December 31, 2023 in the amount of \$23,514,010 be received by the Board for information.

2024-026

carried

Haliburton, Kawartha, Pine Ridge District Health Unit Board of Health Meeting, February 15, 2024

8.3 Q4-2023 Board of Health Quarterly Report Summary

Dr. Bocking shared that there are 154 mandatory requirements in the Ontario Public Health Standards, and after not being able to meet all requirements during the pandemic, she was pleased to state that programs and services are back online. The 2023 Annual Report will be issued in a couple of months.

Moved by Dr. Hankivsky

Seconded by Mr. Logel

THAT the summary of the Q4-2023 Board of Health Quarterly Report be received for information.

2024-027

carried

9. BUSINESS FROM BOARD MEMBERS

None

10. CORRESPONDENCE

None

11. IN-CAMERA

Moved by Mr. Logel

Seconded by Dr. Hankivsky

THAT the Board of Health move in-camera to discuss a matter pertaining to legal, property, and personnel.

2024-028

carried

Moved by Dr. Hankivsky

Seconded by Mr. Crate

THAT the in-camera session be dissolved, and the membership return to the Board of Health open session.

2024-029

carried

Moved by Mr. Crate

Seconded by Mr. Logel

Haliburton, Kawartha, Pine Ridge District Health Unit Board of Health Meeting, February 15, 2024

THAT staff proceed with direction provided by the Board of Health in-camera in relation to item 10.4. Legal, Property, and Personnel.

2024-030 carried

12. DATE OF NEXT MEETING

The next meeting of the Board of Health will take place on March 21, 2024 at the Health Unit's Lindsay Office from 9:30 am - 11:30 am.

13. ADJOURNMENT

Moved by Dr. Hankivsky	
Seconded by Mr. Logel	
THAT the meeting be adjourned. The meeting	g adjourned at 11:37am.
2024-031 carried	
Board of Health Chair March 21, 2024	Recorder



Meeting Summary

Board of Health

Date: March 21, 2024 | Time: 9:30 a.m. - 11:30 p.m. | Location: 108 Angeline St. South, Lindsay

5. Business Arising – Motion Re: Intention to pursue a merger with Peterborough Public Health

The Board of Health publicly ratified the following resolution outlining their intent to pursue a merger with Peterborough Public Health:

WHEREAS, the Board of Health understands that full and adequate funding for voluntary public health unit mergers will be supported by the Ministry of Health;

WHEREAS, the Board of Health believes that a merger of the HKPRDHU and Peterborough Public Health (PPH) Boards of Health will result in a more effective level of service to all area residents; and

WHEREAS, the Board of Health seeks to maintain or enhance the existing partnerships with First Nations in communities served by the Health Units;

Therefore, be it resolved that the Board of Health for HKPRDHU:

- Intends to pursue a merger with the Board of Health for PPH; and
- Agrees to work together to develop a business case and funding proposal regarding the merger, subject to sufficient funding being provided by the Ministry of Health as specifically outlined in the business case; and
- Create a joint Board of Health Merger Steering Committee, with equal membership from both HKPRDHU and PPH, to support the development of a Business Case and guide collaborative work towards a merger.

6. Medical Officer of Health Update

Presenter: Dr. Natalie Bocking, Medical Officer of Health and Chief Executive Officer

Measles

In December 2023, The World Health Organization reported an alarming 30-fold rise in measles cases in Europe. Since January 1, 2024, 28 measles cases have been reported in Quebec, and 9 cases have been reported in Ontario (2 have no clear exposures (no travel history)). Public Health's response to measles includes prevention (promotion of vaccination), early detection (awareness



Meeting Summary

Board of Health

among health care providers and travellers), and disrupting ongoing transmission through identifying contacts exposed to confirmed cases.

Solar Eclipse

The role of Public Health with regard to the upcoming solar eclipse is to raise awareness regarding safety considerations (solar retinopathy, and the implications of mass gatherings. The Health Unit has been working with municipalities to make sure that mass gathering response plans are in place (food vendors etc.).

Drug Poisoning Crisis

The Health Unit continues to support the Haliburton Kawartha Lakes Northumberland Drug Strategy through data analysis of a survey among people who use drugs, and coordinating and hosting monthly meetings.

The Health Unit also maintains the <u>Opioid Dashboard Report</u>, which provides up-to-date information regarding opioid overdoses and deaths in Haliburton County, the City of Kawartha Lakes, and Northumberland County.

Dr. Bocking also updated the Board of Health on a pilot project to support the distribution of test strips for fentanyl and xylaxine and two community partner sessions focused on preparation for acute drug poisoning events.

The complete update can be found <u>here</u> in the recorded meeting session.

8.2 New Business

<u>Support for Bill C-322 National Framework for a School Food Program Act</u>

Presenters: Dr. Bocking, Medical Officer of Health and Chief Executive Officer

The Board of Health endorsed support for Bill C-322 *National Framework for a School Food Program Act*. A national policy would set a standard both for securing food for schools and ensuring it is delivered consistently, sustainably, and within a context of transformative action to improve students' health and achievement outcomes and build cultural and economic success.

The briefing note, which explains support for the advocacy, can be found here.

8.3 New Business

Corporate Services Updates:

Presenter: Matthew Vrooman, Director, Corporate Services



Meeting Summary

Board of Health

Mr. Vrooman shared that the Health Unit is reporting 18 employees who earned over \$100,000 2023, six less than the figure reported in 2022 for the Public Sector Salary Disclosure.

The complete update, including the Unaudited Operating Statements, can be found <u>here</u> within the agenda links.

For the complete meeting details, please see the <u>agenda package</u> or view our video recording online.

Date of Next Meeting

April 18, 2024, 9:30 am – 11:30 am, Port Hope Office, 200 Rose Glen Road, Port Hope.

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Proclamation

Event: First Responders Day

Date: May 1, 2024

"Whereas first responders are those who in the early stages of an emergency, are responsible for the protection and preservation of life, property, evidence and the environment; and

Whereas first responders include professions such as paramedics, police officers, firefighters, doctors, medical evacuation pilots, community emergency managers, road maintenance personnel, and military personnel; and

Whereas first responders' commitment to duty is unwavering, responding to emergencies with courage, compassion and expertise, their skills often mean the difference between life and death; and

Whereas the services, dedication and commitment of first responders deserve to be recognized and honoured; and

Whereas in 2013 the Ontario Legislature proclaimed that May 1st of each year would be proclaimed First Responders Day;

Now Therefore Be It Resolved That I, Warden Brian Ostrander, on behalf of Northumberland County Council do hereby proclaim May 1, 2024 to be 'First Responders Day' in Northumberland County."

Brian Ostrander, Warden			
	_		
Dated this 17 day of April, 2024			

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Proclamation

Event: National Nursing Week

Date: May 6 to 12, 2024

"Whereas National Nursing Week is an opportunity to recognize the contributions of nurses who work tirelessly across all healthcare sectors, advocating for their patients to ensure they receive the best care possible and bringing about transformative change in their health and well-being; and

Whereas the Canadian Nurses Association's theme for 2024 is 'Changing Lives. Shaping Tomorrow' to recognize the tremendous impact that nurses have on individuals, communities, and the future of healthcare; and

Whereas Nurses are at the forefront of healthcare, playing a critical role in directly impacting lives through their care, compassion and expertise; and

Whereas Northumberland County recognizes and thanks its nursing staff at the Golden Plough Lodge long-term care home for their care and dedication in supporting residents to live lives of purpose, choice, dignity, and respect;

Now Therefore Be It Resolved That I, Warden Brian Ostrander, on behalf of Northumberland County Council do hereby proclaim May 6 to 12 to be 'National Nursing Week' in Northumberland County."

Brian Ostrander, Warden			
Dated this 17 day of April 2024			