



NIGHTSTOP

A community response to a local need



About Rebound Child and Youth Services

We are a not-for-profit, incorporated, charitable organization, providing high-quality, community-based programs and services to children, youth, and families in Northumberland County since 1997.

Mental Health Support and Counselling

Youth Justice Services

Family Wellness Hub

Youth Homelessness Prevention

Youth Wellness Hub Northumberland



Youth Homelessness in Northumberland County

Rebound has operated the Ontario Works Youth Trustee Program for 7 years starting in 2018. Our numbers have doubled every year since 2021.



Number of unsheltered youth under 18 years old in Northumberland County:

NIGHTSTOP

Founded in the UK in 1987, Nightstop provides community-based support for youth facing homelessness, expanding to over 25 services or programs in the UK. In 2018, Nightstop came to Canada through 360 Kids. In 2024, Durham Youth Services began offering Nightstop.

Nightstop offers an alternative housing solution for youth experiencing homelessness by enlisting community members to volunteer their homes as temporary shelters for youth in need.

Currently, Northumberland County lacks a youth homelessness shelter, which makes Nightstop the first resource for youth in crisis in the community, therefore it is an essential resource in addressing the critical gap for youth experiencing homelessness in the area by temporary housing youth in community members' homes.

Rebound is excited to bring this innovative program to Northumberland County in 2025.



How does it work?

1. The Nightstop service is contacted when a youth needs shelter, either directly or through a partner agency. The youth completes a referral form, from which Rebound conducts a risk assessment, including obtaining two personal references from the youth.
2. Once the youth successfully passes the risk assessment, Nightstop staff will contact a vetted volunteer Host to see if they would be willing to take the youth in for the night.
3. When placed in a Host home, the youth is will have a private room to sleep in and be offered an evening meal, breakfast, and a packed lunch for the next day. Youth will also have access to a shower and laundry.
4. The Nightstop staff will conduct a warm transfer for the youth that night and contact the youth and Host the next morning. Staff are also available by phone the entire stay.
5. The youth leaves the next morning at an agreed time. Youth may be placed with the same host or a different Host each night, depending on Host availability and preference
Youth can access Nightstop for 6 weeks

Who is a host?

A host is a volunteer member of the community who has successfully undergone a thorough vetting process and received comprehensive training from Nightstop staff. This ensures that they are fully equipped to provide safe and supportive overnight accommodation for vulnerable youth in need.

The vetting process for hosts includes the following steps: completion of an initial assessment form, a detailed interview, a home inspection, a vulnerable sector police check, submission of three personal references, and six hours of mandatory training.



Who is a eligible youth?

A Nightstop youth, also referred to as a guest is an individual within Northumberland County aged 16-24 who has successfully completed the Nightstop risk assessment (low risk) and completed two approved reference checks.

Each youth that enters Nightstop will need to agree to the terms of the program, including abstaining from any substance use while accessing the program and follow the Host house rules.



Upcoming Dates

Information Night: March 25th - 6:00pm





We Appreciate Your Time and Attention. Thank you.



Contact Us

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and Client Case Worker

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Our Website

www.rcys.ca/nightstop

