

BUILDING ON THE

**BEST**

THE CHARLES H. BEST DIABETES CENTRE  
EXPANSION CAMPAIGN



# Northumberland Community Health Committee

PRESENTERS

**Allison Doyle, Campaign Cabinet, Port Hope Resident**

**Lorrie Hagen, Executive Director**  
The Charles H. Best Diabetes Centre

October 4, 2021



Current Best Centre

Best Centre Vision  
Campaign Goal \$5M



# What is Type 1 Diabetes?

There are 2 major types of diabetes. Type 1 and type 2.

- Type 1 diabetes (T1D) is **NOT** preventable, its cause is unknown and there is **NO** cure.
  - **WITHOUT INSULIN, DEATH IS CERTAIN.**
- Type 1 can strike at any age.
- People do not outgrow the disease.

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# The Charles H. Best Diabetes Centre

- Located in north Whitby, providing frontline healthcare to patients of all ages and stages
- Canada's only centre (since 1989) dedicated to the underserved community of T1D
- **Registered charity providing healthcare without a fee to patients (only 60% of budget comes from Ministry of Health)**



# Why Expand The Best Centre?

- 1. Our centre is located in the epicentre of Durham Region.**
  - Patients and families come from Durham, Northumberland and the GTA
- 2. There will be more patients. Expect double by 2027.**
- 3. The demand for our patient services has increased consistently.**
  - Average annual increase of 15% over the last decade

# Northumberland County

- 1. The Best Centre currently cares for 80 patients that reside in Northumberland County**
  - 1,529 healthcare/ education interactions annually
- 2. There is a portion of NH residents underserved**
  - T1D affects approximately .06% of the population
  - Roughly 500 people in NH have type 1 diabetes
- 3. As the county grows, we see a potential for the Best Centre to provide outreach services**



# Building on the Best-Vision

- ✓ New fully accessible main welcome area
- ✓ Doubling of patient education space and clinic capacity
- ✓ New large group education & event room





# Progress and Opportunity

## Relevant contributions to date:

- Town of Whitby Commitment – \$250 K (+ grant funds)
- City of Oshawa Commitment - \$50 K
- Region of Durham Commitment - \$340 K (approved by F&A Committee)

## Northumberland:

- Currently, for 80 patients the annual cost is \$65 K
- How can we help each other?



## In Closing

We hope...

1. You understand who the Best Centre serves.
2. You believe in the importance of expert care for your resident living with type 1 diabetes.
3. You will consider supporting the campaign and a future partnership.